



WEEK 3

MONDAY

Sweet Potato and Chickpea Masala and Basmati Rice (V) GF

Spinach and Mushroom Pasta, Garlic Bread and Herb Diced Potatoes (V)

Vegetable Fricassee, Basmati Rice and Green Beans (V) GF

TUESDAY

Beef Bourguignon, Braised Rice and Green Beans GF *contains pork

Battered Fillet of Cod, Chips and Mushy Peas (GF available)

Chinese Tofu and Vegetable Stir Fry and Braised Rice (V)

WEDNESDAY

Lamb Rogan Josh and Pilau Rice GF

Chicken Dijonnaise and Basmati Rice GF *contains pork

Potato Spinach and Cauliflower Curry and Pilau Rice (V) GF (Ve)

THURSDAY

Beef Lasagne, Garlic Bread and Wedges

Chicken Cacciatore and Braised Rice GF

Vegetable Mince Lasagne and Garlic Bread (V)

FRIDAY

Chicken and Spinach Balti and Pilau Rice GF

Roast Turkey and Stuffing, Thyme Roasted Carrots and Roast Potatoes (GF available)

Leek and Goats Cheese Frittata and Mixed Salad (V) GF

(V) - Vegetarian

GF - Gluten Free

(Ve) - Vegan/Vegan available

HERE FOR


A University Of Leicester
and Leicester Students'
Union Partnership