

## WEEK ONE

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### MONDAY

Beef Bourguignon, Herb Mash & Roasted Carrots  £5.95  
(contains bacon)

Four Cheese Pasta Bake with Spinach and Garlic Bread  £4.95

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### TUESDAY

Chicken Fricassee and Braised Rice  £4.95

Vegetable Lasagne, Garlic Bread & Mixed Salad  £4.95

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### WEDNESDAY

Beef Lasagne, Garlic Bread & Mixed Salad £5.25

Spinach and Mushroom Frittata, Potato Wedges and Broccoli   £4.95

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### THURSDAY

Lamb Moussaka, Roasted Root Vegetables and Green Beans  £5.95

Vegetable Mince Cottage Pie & Roasted Root Veg  £4.95

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### FRIDAY

Beer Battered Goujons of Cod, Chips and Mushy Peas £5.95

Mediterranean Vegetable Pasta with Mozzarella Cheese, Mixed Salad & Garlic Bread  £4.95

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### EXTRAS \*subject to availability

Chips £1.60 Rice 90p Vegetables 95p Beans 75p Mixed Salad 90p



GLUTEN FREE



(V) VEGETARIAN