

MONDAY	Chicken and Spinach Balti, Pilau Rice	 £4.95
	Spinach and Mushroom Pasta, Garlic Bread and Herb Diced Potatoes	 £4.95
TUESDAY	Beef Bourguignon, Braised Rice, Green Beans <i>(Contains bacon)</i>	 £4.95
	Chinese Tofu and Vegetable Stir Fry, Braised Rice	  £4.95
WEDNESDAY	Chicken Dijonnaise, Basmati Rice	 £4.95
	Sweet Potato and Chickpea Masala, Basmati Rice	 £4.95
THURSDAY	Beef Lasagne, Garlic Bread, Potato Wedges	£5.25
	Leek and Goats Cheese Frittata, Mixed Salad	  £4.95
FRIDAY	Goujons of Cod, Chips, Mushy Peas	£5.95
	Vegetable Mince Lasagne, Garlic Bread	 £5.25



GLUTEN FREE



(V) VEGETARIAN