

The Graduate Kitchen

Week 3 menu

Monday	Tuesday	Wednesday	Thursday	Friday
Spiced Parsnip Soup (V) (GF) (Vegan) £1.90	Tomato & Roasted Pepper Soup (V) (GF) (Vegan) £1.90	Thai Vegetable Soup (V) (GF) (Vegan) £1.90	Roasted Butternut Squash (V) (GF) (Vegan) £1.90	Leek & Potato Soup (V) (GF) (Vegan) £1.90
Hot Smoked Salmon Leek & Potato Filo Pie Green Beans New Potatoes £5.95	Roast Beef & Yorkshire Pudding Roast New Potatoes Thyme Roasted Carrots (GF available) £5.95	Grilled Rump Steak Tomato and Mushrooms Peppercorns Sauce Chips (GF) £5.95	Lamb Moussaka Green Beans Lyonnais Potatoes (GF) £5.95	Beer battered Cod Mushy peas Chips Lemon & tartare sauce (GF available) £5.95
Beef Bourguignon (contains pork) Green Beans (GF) £4.95	Chicken & Spinach Balti Basmati Rice (GF) £4.95	Chicken Dijonnaise Braised Rice *contains pork (GF) £4.95	Chicken Cacciatore Rice (GF) £4.95	Beef Lasagne Garlic Bread Mixed Salad £5.25
Lemon & Paprika Chicken Sweet Potato Fries (GF) £5.25	Handmade Lamb Koftas Tomato Sauce Herb Couscous £5.25	Potato Topped Seafood Pie Peas Carrots (GF) £5.25	Handmade Beef Burger Onion Confit Chips Rocket Salad £5.25	Lamb Tagine Herb Couscous £5.25
Chinese Vegetable and Tofu Stir Fry Savoury Rice (V) £4.95	Spinach and Mushroom Pasta Herb Diced Potatoes (V) £4.95	Leek & Goat Cheese Frittata Broccoli (GF) (V) £4.95	Vegetable Mince Lasagne Garlic Bread Mixed Salad (V) £5.25	Gobi Saag Aloo Rice (GF) (V) £4.95
Green Beans 95p New Potatoes 95p Sweet Potato Fries £1.80	Herb Diced Potatoes £1.50 Roasted New Potatoes £1.50 Thyme Roasted Carrots 95p	Chips £1.60 Peas 95p Carrots 95p	Mixed Salad 90p Chips £1.60 Green Beans 95p	Mixed Salad 90p Chips £1.60 Garlic Bread 90p

(V) - Vegetarian
(GF) - Gluten Free
(Vegan) - Vegan



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